# 2021 Annual Educational Forum and Business Meeting

8:45 AM- Welcome and Opening Remarks

9:00 AM- Musculoskeletal Injury Risk Mitigation in the High School Athlete: Managing Workload with Lessons Learned from the Lab and the Field\*- James Onate, PhD, AT, ATC

10:00- Cultural Competency in the Athletic Training Educational and Clinical Setting\*- James Pierre-Glaude, PT, DPT, ATC

11:00- 15 min Break

11:15- Fueling and Mental Performance: The Extra Edge – Kelly Rossi, MS, RD, LDN and Christine Jehu, PhD

12:15- 45 minute lunch break

1:00- A Kinetic Chain Approach to Managing Upper Extremity Injury in Overhead Athletes\*- Aaron Sciascia, PhD, LAT, ATC, PES

2:00- Predictive and Preventive Performance Programming\* –Tim Hewett, Ph.D.

3:00- DATA Business Meeting

*Join us for your state organization updates, election results, and award ceremony. This event is free to all DATA Members.*

*Zoom link:* [*https://udel.zoom.us/j/99902827613*](https://udel.zoom.us/j/99902827613)

4:00- Finish and Post-Event Social

\*Presentation will be streamed at the live event