

BASEBALL PITCH LIMIT PROPOSAL High School per NFHS Rule 6-2-6 for 2017 season

<u>PITCHES THROWN</u>	<u>REST PERIOD</u>
1-25	none (no days)
26-50	1 Day
51-80	2 Days
81-105	3 Days

*105 pitch limit in any one day, pitcher may finish the batter if the 105 pitch count is reached during the at bat.

A maximum of 205 pitches may be thrown in a 7 day period.

85 maximum pitches for the first six games of the season. All teams become eligible for the 105 pitch count after one team finishes their sixth contest. Cannot occur before April 5, 2017.

FOR DOUBLEHEADERS

A player is ineligible to pitch in the second game of the day; [they may play a field position or DH] if during the first game they do any one of the following;

1. – throw 25-39 pitches in two [2] consecutive innings
2. - throw more than 40 pitches in any one inning
3. - the pitcher starting the 2nd game of the day will be held to the 105 pitch limit, any pitches thrown during the 1st game will be counted towards this 105 pitch limit for the day.

BASEBALL PITCH LIMIT PROPOSAL Middle School per NFHS Rule 6-2-6 for 2017 season

<u>PITCHES THROWN</u>	<u>REST PERIOD</u>
1-20	0 DAYS
21-35	1 DAY
36-50	2 DAYS
51-65	3 DAYS
66-90	4 DAYS

*90 pitch limit in any one day, pitcher may finish the batter if the 90 pitch count is reached during the at bat.

A maximum of 175 pitches may be thrown in a 7-day period.

70 maximum pitches for the first four games of the season. All teams become eligible for the 90 pitch count after one team finishes their fourth contest. Cannot occur before April 5, 2017.