

Delaware Athletic  
Trainers' Association  
(DATA)

# 5K Run & 1 Mile Walk

May 3rd, 2014  
University of Delaware  
Newark, DE

10:00a.m. Race Start  
Check-in for the race is in front of  
the football stadium.

This year, the race is in  
conjunction with the UD's  
Fandemonium! Live music, great  
food, Blue /White football game,  
giveaways, **inflatables**, & family  
fun for all ages! Admission for  
the event is FREE!



## Race Day Registration

9:00 – 9:45am

Race starts at 10:00am

**Race Fee: \$20.00**

**Kids 12 and under \$10.00**

Awards will be given for the top finisher in each male and female age group, as well as overall male and female runner. Awards given for the top male and female walker.

Random drawing of doors prizes at the end of the race.

*Pre-registration* by **April 16<sup>th</sup>** will include a race t-shirt.

*On-line registration* is available until **April 30<sup>th</sup>** at <http://www.active.com/newark-de/running/races/delaware-athletic-trainers-association-5k-and-1-mile-walk-2014> or [www.delata.org](http://www.delata.org) (under events section).

\* Participants that choose either race day registration or on-line registration (after April 16<sup>th</sup>) are not guaranteed a t-shirt, but will be available on a first come, first served basis.

Water, Gatorade, and snacks will be provided for all participants.

Enclose check payable to DATA and mail with this form to:  
362 Wedgewood Road  
Newark, DE 19711

Information Contact:  
Amy Thomas (302) 530-1214  
trainermidge@gmail.com

## Waiver

I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, Delaware Athletic Trainers' Association, sponsors, promoters, representatives, successors and assigns, and all other persons associated with the event, for my all liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event.

I have read and understand the waiver as stated to me about the Delaware Athletic Trainers' Association 5K Run event and will not hold any parties liable for my participation in this race.

Signature: \_\_\_\_\_  
(parent or guardian if under 18)

## Personal Information

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Sex: \_\_\_ Male \_\_\_ Female

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

T-Shirt Size (YS, YM, YL, Adult S, Adult M, Adult L, Adult XL, Adult XXL)

\_\_\_\_\_

Runner: \_\_\_\_\_ Walker: \_\_\_\_\_

Proceeds from the event will help support the Delaware Athletic Trainers' Association's mission to support programs dedicated to the safety of student-athletes, educate the public on the profession of Athletic Training, and provide athletic training students in Delaware with leadership opportunities.

Directions: I-95 to Delaware exit 1-B, Route 896 north. The David Nelson Athletic Complex, marked by the Bob Carpenter Sports/Convocation Center is located on the right just after Routes 4/896 intersection. **631 South College Ave Newark, DE**

Registration table will be in front of the football stadium.