# DIAA Sport Medicine Advisory Committee Meeting Monday Feb 22, 2020 6:00pm Video Conference\*

\* In accordance with Governor Carney's March 13, 2020 Declaration of a State of Emergency for the State of Delaware Due to a Public Health Threat, the DIAA Sports Medicine Committee meeting will be held by video conference. The meeting <a href="https://global.gotomeeting.com/join/772523053">https://global.gotomeeting.com/join/772523053</a> will not be held at a physical location. Members of the public may attend the meeting through the Internet at Members of the public may also attend the meeting by calling the following number and entering the following access code: 772523053

### **Minutes Draft 2/22/2021**

## I. Opening

A. Roll Call Present: Dr MJ Axe, Dr B Bley, Dr P Kane, Dr JAxe, Dr J Straight, Dr L Snyder-Mackler, Dr J Knowles, Dr JT Laws, Ms B Cilento, Ms L Hoffman, Ms M Minutola, Mr T Fuhrmann, Mr T Beddow (Dr Sandella has resigned due to work restraints)

- B. Approval of Agenda Mr Beddow Dr axe
- C. Approval of last DSMAC Meeting Minutes Mr Fuhrmann Mr Beddow

### II. Coronavirus COVID-19 Impact for Sport Seasons 2020-2021

- **A.** DIAA Board and DPH Meeting Review: Dr Bley DIAA Board is comfortable with forms for RTP and was advised of DSMACs pending request for full time AT in schools. Dr Bley stated DIAA Board wants a list of schools that already have full timers and how they financially plan for this. Due to lack of player-player spread while playing, Reg 1011 has parts that are now invalid with low medium and high risk sports listed, and may need adjustments. Reg 1011 may need to be re-written in May-June to make these changes.
- B. Positive Covid Cases SMAC Survey: Ms Polk. Most positive cases associated with basketball. Overall large reduction in positive reported cases. 24 events cancelled due to Covid since last month's report
- C. Covid RTP Form: Dr Bley/Mr Fuhrmann, as well as Ms Hoffman completed the form and presented to Board (see above) Dr Bley would like to have a list of PCPs who would be willing to see athletes for RTP clearance on cash basis. Dr Straight/Axe suggested Abby Go-Care. Ms Muntola asked about out of season athletes: Dr Axe stated they too must perform DIAA RTP progression before they return to a sport, even if sport is in a different season. Dr Bley explained the check boxes on the RTPform- second box can be signed by PCP if physician so chooses.
- D. Full Time ATC Proposal: Ms Minutola worked with other DSMAC ATCs as well as Dr Laws (DPTA) Ms Hoffman/Cilento (DSNA) and Dr Straight (MSD). Final version for DIAA Board will be presented at next DSMAC meeting
- E. Winter Sports Concerns: Wrestling tournament will be going forward with team title being done the old way based on points. Mats will be pre-treated/wiped between rounds. Spectators (2 per player) may be allowed in finals

- F. Winter Sports Recommendations: nothing new
- G. Springs Sports Rules Clinics: Dr Bley: Progressing well with DSMAC members attending and explaining Covid restrictions.
- H. Spring Sports Guidance Documents Ms Polk stated most sports followed NFHS suggestions. Dr Axe reminded DSMAC that these guidelines were written by NFHS earlier in pandemic and may now be more restrictive then necessary
- I. Spring Sports Recommendations Dr Bley asked that virtual training session is recommended versus going inside if inclement weather. Mr Fuhrmann asked if the football facemask is allowed for lacrosse Dr Bley stated the mask must be double layered and cover mouth and nose going to chin according to Reg, anything else would require submission to DPH and potential regulation changes. Mr Beddow asked about sharing bats requested if bats are disinfected between use and batting gloves are used may the bats be shared. Dr Axe stated that was reasonable and should meet Covid guidelines. Mr Fuhrman asked about requirement for a tarp per athlete in high jump/pole volt. Dr Axe noted and Dr Kane confirmed that this may be too restrictive based on other places (like Knowles Bounce houses) that are open to public. Dr Bley made motion and Dr Axe second (passed) that tarps would not be required. Mr Fuhrmann asked if singles players can be exempt from wearing a mask when playing outdoors Ms Polk will check with DPH but said it would have to be a regulatory change.

.

- III. NFHS Updates: Ms Polk stated NFHS is working to allow religious head coverings so that states wouldn't be responsible for exemptions.
- IV. Other Items for Discussion Only Ms Polk /DIAA stated the oversight committee wants out of season coaching to progress faster.

### V. Public Comment

Time has been allocated at the end of the meeting for individuals or groups to address the Committee on general issues. Persons wishing to address the Committee can email their name, the name of their group (if speaking on behalf of a group), and the topic of their comment to <a href="mailto:diaa@doe.k12.de.us">diaa@doe.k12.de.us</a>. The DIAA Office will compile a list. If a group wishes to address the Committee, the group should choose one representative to speak. Comments will be limited to five minutes per individual or group. Speakers will be recognized by the Committee's Chairperson in the order their names appear on the list compiled by the DIAA Office. If the circumstances require, the Committee's Chairperson may, at his or her discretion, limit the number of persons allowed to speak or the time designated for speaking.

VI. Adjournment Next meeting scheduled Monday March 22, 2021 6pm with emphasis to coaching out of season besides any immediate Covid issues.

NOTE: Pursuant to 29 *Del. C.* § 10004(e)(2), the Delaware Interscholastic Athletic Asso Dr Axe/Mr Beddow ciation Sports Medicine Committees' agenda shall be subject to change to include the addition or the deletion of items, including executive sessions which arise at the time of the Board's meeting. The times designated on the agenda are approximate and are listed for administrative purposes only. The Committee reserves the right to hear any matter out of its order during the meeting. The Committee may also take breaks during the meeting.