

DIAA Sport Medicine Advisory Committee Meeting
Monday December 14, 2020 6:00pm
Video Conference*

** In accordance with Governor Carney's March 13, 2020 Declaration of a State of Emergency for the State of Delaware Due to a Public Health Threat, the DIAA Sports Medicine Committee meeting will be held by video conference. The meeting will not be held at a physical location. Members of the public may attend the meeting through the Internet at <https://global.gotomeeting.com/join/>. Members of the public may also attend the meeting by calling the following number (872) 240-3412 and entering the following access code: 983-402-869*

Minutes 12/14/2020

I. Opening

- A. Roll Call : **Dr Michael Axe**, Chair/ AOSSM /Sports Orthopedics; **Dr Brad Bley**, DIAA Board Rep; **Ms Donna Polk**, Diaa Executive Director **Dr Julie Knowles**, Vice Chair, PT/AT NCC-Sussex Rep/ Prof Reg Board Rep; **Dr. Jeremie Axe**, Southern NCC/Kent Co Physician Rep/ Sports Orthopedics; **Ms Mandy Minutola**, DATA Rep; **Dr JT Laws**, Sports PT, Coach Rep; **Dr Joe Straight**, Medical Society of Delaware Rep /Sports Primary Care Rep; **Ms Barbara Cilento (Cape HS)** , Kent/Sussex DE School Nurses Rep; **Mr Tom Beddow**, NCC ATC Rep, Coach Rep; **Mr Todd Fuhrmann**, ATC Kent/Sussex Rep, AD Rep; **Dr Patrick Kane**, Sussex Co Physician Rep/ Sports Orthopedics **Ms Lori Hoffman** (McKeanHS) NCC School Nurses Rep; **Dr Brad Sandella**, CC Hospital Rep/Sports Primary Care (absent) ; **Dr Lynn Snyder Mackler** PT/AT NCAA Competitive Safeguards/ Researcher Rep Ms Stephanie Mark, DIAA
- B. Approval of Agenda Mr Beddow Dr Bley
- C. Approval of last DSMAC Meeting Minutes Mr Fuhrmann MsMinutola Oard approved a

II. Coronavirus COVID-19 Impact for Sport Seasons 2020-2021

- A. DIAA Board 12/10 Results Review: Dr Bley Board approved a 7 week winter schedule if allowed by DPH. 14 games basketball and wrestling, 12 swimming questionable for state tournament some individual meets may occur state champs determined by best times ; nothing track and field except club level. Looking for 1/7/21 next DIAA Board meeting. DIAA Board noted approving 48-72 hours between games with intent at 72 hrs (or 3 nights of sleep per Dr M Axe) Male/Female 2 teams per night for basketball is being planned by a lot of schools. Dr Bley suggested NCAA type basketball tournament allowing for only 8 teams playing in March with minimal overlap. Ms Cilento noted athletes testing positive for Covid must remain at 14 days quarantine at current time up to Jan 11 per DOE Seven days of quarantine only if athlete has a negative test at the fifth day is okay. Dr J Axe asked if rapid tests were permitted and answer was no- PCR or antigen
- B. Case/survey updates: Ms Mark /Ms Polk noted 53 positive/quarantined cases for fall season. 75 games cancelled due to covid not including rescheduled games . Dr Bley is asking DPH to check about athlete to athlete spread. Ms Mark reviewed survey results.

- C. Update on Administrative Support for ADs and ATs: Mr Fuhrmann asked for clarification of the duties of the Covid Coordinator. Noted each school has different idea. Dr M Axe noted that the school has 1-2 overall Covid Coordinators, but each event must have an event specific Covid Coordinator (Covid Event Coordinator or CEC) who must be separate person other than assist coach to be team assigned covid compliance person at each game. Dr Bley agreed and emphasized the CEC cannot have any other duties surrounding the event other than pure covid-related duties. Dr Bley stated the home team should be responsible for this person. Mr Fuhrmann stated that the Ads feel they have support for PPEs (supplies) but not staffing such as CEC. **Motion: Dr Axe motioned and Mr Beddow second (passed unanimously) : A COVID EVENT COORDINATOR (CEC) exclusively assigned for covid compliance, should be present, distinguishable and announced at each event, supplied by the home team. The CEC cannot be an assistant coach , athletic trainer or anyone else that has other event responsibilities.** CEC reports directly to the schools Covid Coordinator. *Mr Furhman to work on duties list for this person and present at next DSMAC meeting, but asks that Ms Polk and Dr Bley present this DSMAC motion as the next full DIAA Board meeting.*

Dr Knowles emphasized the need now more than ever, of full time athletic trainers in every school offering sport programs. This was also emphasized by Dr M Axe and Ms Minutola. Dr Bley asked Mr Fuhrmann to gather data to support this so that it may be properly presented to full DIAA Board as well as DOE Board. *Mr Fuhrmann is compiling data to present at next DSMAC meeting so that a formal presentation may be made by end of school year for full time ATCs in schools.*

- D. Review of Fall Seasons Ms Polk stated overall fall went well. DPH has acknowledged as well, but has concerns over viability of a winter season other than practice until Covid numbers decrease and has suggested the possibility of a season less than 7 weeks noted above. *Dr Bley stated that he and Ms Polk would be meeting again with DPH to obtain more information regarding winter season, and report at next DSMAC meeting.*
- E. Review of Winter Sports w/ DSMAC Recommendations. Please see Mr Fuhrmanns survey results survey. Dr Knowles asked for a discussion as to what winter sports can safely be played outside if indoor sports cancelled or on hold? Dr Bley noted that DSMAC/DIAA already has cold weather guidelines that would only have to be minimally tweaked and approved by officials if basketball were to be moved outdoors, although safety of courts would need to be inspected as well. Dr M Axe stated Games can't start right now until Jan 11, but if they have been practicing, they should be okay to start competition as soon as DPH approves it. If practices are halted, for safety purposes Dr Axe stated that 14 days of practice must occur practice prior to competition. This was agreed by Dr Bley who also encourage virtual check-in.

	Should Wrestling be Deferred to the spring season?	Should Indoor track be limited to outdoor practices only? (no indoor or championship)	As DSMAC presented, should Basketball be Varsity Only? NO Jv or Freshman teams	Should participants in Swimming and Ice Hockey be reduced?	Is your school providing enough covid support	When should spring sports start
Athletic Directors	36% yes 64% no	74% yes 26% no	53% yes 47% no	62 % yes 38% no	94% yes 6% no	60 % delay start 40% march 1
Athletic Trainers	70 % yes 30% No	85 % yes 15% no	70 % yes 30% no	53% yes 47% no	did not ask	did not ask
DSMAC	83% yes 17% no	50 % yes 50% no	100 % yes	67% yes 33% no	did not ask	83% delay 17% no

F. Overlap of Winter/Spring Season Social distancing has been a problem with Fall sports; however, with outdoors it was less harmful. With indoor sports this could be severely problematic. Dr Bley stated that in indoor sports, the entire team should be shut down if one player tests positive. Ms Polk (Mr Hart) noted that it may be very difficult to have any swimming competitions other than occasional dual meets with “best times” used to determine champions. Noted swimming shouldn’t impact overlap. Mr Fuhrmann noted wrestling is done way in advance so it shouldn’t impact overlap either. Dr Bley noted that if NCAA type tournament is performed with basketball, with only 8 teams playing, an overlap would be minimal.

III. Other Items for Discussion Only

Ms Hoffman stated that parents are starting to tell kids not to get covid testing so they are not held out of sport. Dr Axe said principal /DPH should be involved and talk to parents since they put others at risk Dr Bley stated he did talk to DPH about this issue.

Mr Fuhrmann stated wrestling can’t play 14 matches in 5 -6 weeks with dual meets and the 72 hours recommendations. Ms Polk said DPH investigating if anything other than dual meets will be allowed this season.

Mr Fuhrmann wants DIAA requirements for athletic trainers to be officially changed to more than football games. Dr M Axe stated he plans on working with Mr Fuhrman to present to the DIAA and DOE Boards this school year.

Dr Bley working with Ms Mark to consolidate the school survey and re-emphasize the need for timely compliance.

IV. Public Comment

Buddy Lloyd: Wrestling update disappointed that enough people don't understand wrestling such as percent body fat testing . Said wrestling committee wanted 12 but DIAA board said 14 meets which is now causing problems. DPH has not given feedback yet- Mr Lloyd stated Wrestling Committee does not want to wait until January for response from DPH . Dr Bley stated that DSMAC hands are tied on this matter.

Time has been allocated at the end of the meeting for individuals or groups to address the Committee on general issues. Persons wishing to address the Committee can email their name, the name of their group (if speaking on behalf of a group), and the topic of their comment to diaa@doe.k12.de.us. The DIAA Office will compile a list. If a group wishes to address the Committee, the group should choose one representative to speak. Comments will be limited to five minutes per individual or group. Speakers will be recognized by the Committee's Chairperson in the order their names appear on the list compiled by the DIAA Office. If the circumstances require, the Committee's Chairperson may, at his or her discretion, limit the number of persons allowed to speak or the time designated for speaking.

V. Adjournment

NOTE: Pursuant to 29 Del. C. § 10004(e)(2), the Delaware Interscholastic Athletic Association Sports Medicine Committees' agenda shall be subject to change to include the addition or the deletion of items, including executive sessions which arise at the time of the Board's meeting. The times designated on the agenda are approximate and are listed for administrative purposes only. The Committee reserves the right to hear any matter out of its order during the meeting. The Committee may also take breaks during the meeting. Barb and Dr axe motion and adjourn.

DPH meeting 12/21 and Jan 4 Temp put next DSMAC meeting Jan 4 Next Meeting: Jan 4 but could be moved up to 12/28 if needed