

THE TEN District News



SWATA Ethnic Diversity Advisory Council sponsored a service project at the Boys and Girls Club-Greater Houston Area.

district two

DELAWARE

The Delaware Athletic Trainers' Association hosted its first Women in Athletic Training Networking and Discussion Forum on Aug. 3. Panelists included Joan Couch, MS, ATC, LAT, associate athletic trainer at the University of Delaware; Kaci Burris, MEd, ATC, athletic trainer at Polytech High School; and Christina Kennedy, ATC, athletic

trainer for Delaware 87ers. They spoke about work-life balance, giving advice to the group on how to set boundaries and make time for themselves and their families. Also discussed was how to gain respect and support not only at work, but also at home. Afterward, the women split into small groups to talk about the issues brought up during the panel discussion and brainstormed strategies to address these issues. DATA would like to start a mentoring program in the near future to help young female athletic trainers as well as make the event an annual gathering of women and athletic trainers.

PENNSYLVANIA

The inaugural Topics in Sports Medicine Conference was held July 30 at Albright College. The conference was a collaboration between Penn State Health, St. Joseph and Albright College Sports Medicine. Presentations covered a variety of current topics in sports medicine. Pennsylvania Athletic Trainers' Society Executive Director Linda Mazzoli, MS, ATC, PTA, also gave an association update.

PATS collaborated with the Penn State Hershey Bone and Joint Institute and CPRS Physical Therapy to host the third annual Central PA Sports Medicine Symposium